

Table 1. Human Consciousness

Realms	Aspects	Vehicles of Consciousness	Principles (Sanskrit)	Principles (English)	No.
Spiritual	Individuality (permanent)	Monad	Ātman	Spirit	7
			Buddhi	Spiritual Soul	6
Intellectual	Personality (transient)	Higher ego	(Higher) Manas	Human Soul	5
Psychic		Lower ego (psyche)	(Lower) Manas		
Physical	Personality (transient)	Body	Kāma	Animal Soul	4
			Prāṇa	Vitality	3
			Liṅga-śarīra	Astral Double	2
			Sthūla-śarīra	Body	1